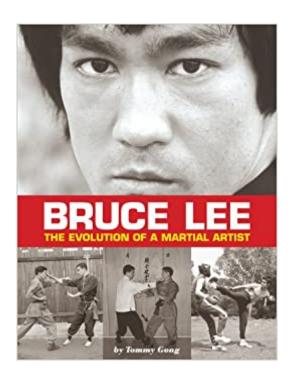


The book was found

Bruce Lee: The Evolution Of A Martial Artist





Synopsis

Tracing Bruce Lee's path from wing chun student to jeet kune do founder, this biography chronicles Lee's physical journey from Hong Kong to Seattle to Oakland to Los Angeles and back again to Hong Kong as well as his voyage of self-discovery and actualization. The book draws on numerous conversations with Bruce Lee's childhood classmates, former students, and family friends, offering a unique insight into the life of the legendary martial artist. It also offers a wealth of rare and unique photos, letters, and personal writings courtesy of Lee's wife, Linda Lee Cadwell, and his daughter Shannon. As they learn about his progression in martial arts techniques and training methods, readers will also discover how Bruce Lee's personal philosophy of continuously adapting to the changing conditions of the moment can be applied to life.

Book Information

Paperback: 258 pages

Publisher: Black Belt Communications; 2 edition (June 1, 2014)

Language: English

ISBN-10: 0897502086

ISBN-13: 978-0897502085

Product Dimensions: 8.5 x 0.7 x 11 inches

Shipping Weight: 1.7 pounds (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars 23 customer reviews

Best Sellers Rank: #423,792 in Books (See Top 100 in Books) #60 in A A Books > Biographies &

Memoirs > Sports & Outdoors > Boxing, Wrestling & MMA > Martial Arts #950 in A A Books >

Sports & Outdoors > Individual Sports > Martial Arts #5651 inà Â Books > Health, Fitness &

Dieting > Exercise & Fitness

Customer Reviews

Tommy Gong is a martial arts instructor with more than 30 years of experience studying and practicing jeet kune do. His instructor, Ted Wong, was among only a few individuals who were certified in jeet kune do by Bruce Lee. Gong is a founding board member of the Jun Fan Jeet Kune Do Nucleus/Bruce Lee Educational Foundation. He lives in Atascadero, California.

Finally, the whole story in chronological order with the changes in fighting philosophy that led to Jeet Kune Do. Very impressed and a must for any Bruce Lee fan.

It's Bruce Lee...what do you expect? New take on his life and very inspirational!

The very best book I've ever read on the subject.

great book i did no a lot of the info already from reading john little's books but there was new insight into his teachings evolution by his former students

Great book, very fast shipping

Great

Great product and great, reliable, fast service from as always!

Thanks

Download to continue reading...

Bruce Lee Jeet Kune Do: Bruce Lee's Commentaries on the Martial Way (Bruce Lee Library) Bruce Lee: Letters of the Dragon: An Anthology of Bruce Lee's Correspondence with Family, Friends, and Fans 1958-1973 (The Bruce Lee Library) Bruce Lee Striking Thoughts: Bruce Lee's Wisdom for Daily Living (Bruce Lee Library) Jeet Kune Do: Bruce Lee's Commentaries on the Martial Way (Bruce Lee Library) Bruce Lee: Artist of Life (Bruce Lee Library) Bruce Lee: The Evolution of a Martial Artist Bruce Lee: The Celebrated Life of the Golden Dragon (Bruce Lee Library) Bruce Lee Letters of the Dragon: The Original 1958-1973 Correspondence (The Bruce Lee Library) Striking Distance: Bruce Lee and the Dawn of Martial Arts in America Striking Distance: Bruce Lee & the Dawn of Martial Arts in America Wing Chun: Beginning Wing Chun: The Ultimate Guide To Starting Wing Chun (Martial Arts, Self Defence, Kung Fu, Bruce Lee) Bruce Lee (Martial Arts Masters) Artist of Life (Bruce Lee Library) LEE CHILD: SERIES READING ORDER: MY READING CHECKLIST: JACK REACHER SERIES, JACK REACHER SHORT STORIES, HAROLD MIDDLETON SERIES, SHORT STORY COLLECTIONS BY LEE CHILD, LEE CHILD ANTHOLOGIES Hotel Bruce (Mother Bruce) The Watercolor Flower Artist's Bible: An Essential Reference for the Practicing Artist (Artist's Bibles) Pastel Artist's Bible: An Essential Reference for the Practicing Artist (Artist's Bibles) Bruce Lee Abs Workout For A Six-Pack Stomach Bruce Lee: The Celebrated Life of the Golden Dragon The Night My Mother Met Bruce Lee: Observations on Not Fitting In

Contact Us

DMCA

Privacy

FAQ & Help